



PARADISE

KOH MAO

Activities

ACTIVITIES

Phang Nga bay is known for its spectacular limestone rock formations, unspoiled beaches, hongs (lagoons) and caves. Our private excursions and island hopping bring guests closer to real-nature & away from the crowds at the mainstream tourist spots.

Paradise KohYao offers a wide range of water and land based activities to suit all guests – from the relaxing arts of Thai batik painting and Thai cooking in the resort, to scuba diving.

Day trips also provide you an insight into life in Thailand with excursions for shopping or elephant trekking on nearby Phuket or Krabi, or island tours of Koh Yao Noi itself, to see the fishing villages, rice fields, and rubber plantations that are still the main activities for the local communities.

Activity prices include all relevant taxes. All daytrip schedules may be changed depending on weather conditions and tides, for the safety and enjoyment of our guests.



WATER BASED ACTIVITIES

The resort offers a range of water-based activities including snorkelling and scuba diving trips and our own sea-canoes/kayaks for exploring the near-by hong (lagoons) and beaches.



LAND BASED ACTIVITIES

A wide range of land-based activities also provides our guests with options from light recreation to high adventure. Thai cooking classes, Traditional Batik painting, beach volleyball, badminton, pétanque and table tennis cater to those not quite willing to leave the comfort of the resort grounds. While jungle hikes, mountain bikes, ATVs and Scooters provide exciting alternatives right on the resort's doorstep.



KOH GAI, PO-DA ISLAND & TALAY WAEK DAY TRIP



These spectacular islands fringed with white sandy beaches and crystal clear water, lay just off the coast of Krabi.

Your guide will take you from one island to the next, for swimming, snorkelling and simply relaxing, while gazing at the stunning scenery.

We will provide you a picnic lunch that you can enjoy on the boat or beach.

Experience an unforgettable fishing trip with local fishermen on one of their traditional long-tail boats. Watch how they catch fish, crab, prawns and squid, or try your hand at it. Our chefs are also happy to cook your catch of the day if you wish to eat it.

Visit the most beautiful islands around Koh Yao Noi and Krabi during this unforgettable day trip on a long-tail boat, or the resort's own catamaran. Enjoy a day of sightseeing, swimming and snorkelling in wonderful Phang Nga bay with its impressive limestone rocks and hong,

The trip starts with the 'hong' inside Koh Hong, which is surrounded by limestone cliffs and affords you the opportunity to snorkel with tropical fish. A picnic lunch is served at 'Paradise beach', on a small, idyllic, hidden bay of Lading island. The final stop is the beautiful island Koh Phak Bia with its white sandy cape.

ISLAND HOPPING



NIGHT FISHING TOUR (...OR DAY TRIP)



SCUBA DIVING

There is a Dive Base on Koh Yao Noi with professional dive masters that have more than twenty years diving experience around Phang Nga Bay.

Paradise Koh Yao staff will be happy to arrange a day trip for you to see the incredible underwater world of the Bay. The dive boat will pick you up at the resort pier and return you at the end of the day after your diving.

Highly recommended! For those who want to see what lies under world famous Phang Nga Bay. All courses and dives are guided and conducted by professional local dive masters.



CATAMARAN CRUISE & SEA CAVE EXPLORING

If you love cruising on a luxury Catamaran this is the right excursion for you! Explore Phang Nga Bay in style. This day trip provides a comfortable way to get around the renowned Phang Nga Bay with its unmatched natural beauty. Kayaks on board allow you to explore the caves and coastlines of the region up close



SUNSET CATAMARAN CRUISE

Join us for a Romantic Sunset cruise of Phang Nga Bay. Cruising from the resort we encounter spectacular scenery and the dramatic limestone cliffs of Koh Ku Du, Koh Roi, and Koh Boi. The catamaran staff will then take you to remote location within the bay to watch the spectacular sunset over the Southern Thailand seas.



KAYAKING

Kayaks are available at the resort to explore the waters of our own bay, or you may like to join one of our kayaking trips.



PHANG NGA BAY KAYAKING

If you love adventure out in nature this is the right excursion for you!

Take a trip through the beautiful Phang Nga Bay and explore all its natural wonders by kayak. You will be guided through the many sea caves that the bay has to offer, past spectacular rock formations, and on to explore quiet hidden lagoons where you often spot monkeys and other wildlife. Along the way we stop at one of the amazing beaches to relax, swim, and enjoy lunch.

Before or after you have seen the caves and lagoons, depending on tides, you will also be taken sightseeing by long-tail boat around the world famous James Bond Island



TALLEN BAY KAYAKING

Take a short trip across the bay to Krabi by long-tail boat, where you will be dropped off with your guide to explore sights and sounds of Talen Bay and the magnificent limestone cliffs the area has to offer. You will be guided through the ever-changing mangrove forest where you are sure to encounter local monkeys and birdlife, up-close and personal.

Stopping for lunch along the way, is always interesting with all the hungry monkeys keeping a close eye on you.

After lunch we will continue through the cliffs and mangroves, until you meet up with the long-tail boat and head off to one of Phang Nga's beautiful islands for swimming and snorkelling in the clear, turquoise water, before heading back to the resort.



EXCURSIONS

ELEPHANT TREKKING & SHOPPING IN AO NANG

A long-tail boat will take you to the Krabi mainland where you will explore Krabi's rainforest on the back of majestic, yet gentle Asian elephants.

The trek will take you along a small river and up on into the jungle at the foot of the fascinating Karst Mountains. Along the way-- keep your camera ready-- there are awesome sheer limestone cliffs similar to those found throughout Ao Nang Bay and the area is a natural habitat to monkeys and bird life.

After lunch at a local Thai restaurant in Ao Nang village you will have the opportunity to shop along the beachfront road of Ao Nang.

Small side roads will take you to more little shops that cater to tourists and locals alike. Products and souvenirs from all over Thailand are found in abundance: postcards, trinkets and handicrafts alongside a variety of shorts, shoes, hats and t-shirts.



ECO-BIKE TOUR

Learn more about Koh Yao Noi and local Island life while participating our guided Bike Tour. Enjoy cycling along the quiet road in the shade of rubber plantations – the best way to explore the wonderful nature of Koh Yao Noi.



EXCURSIONS

JUNGLE TREKKING

Experience the tropical forest with its great variety of plants and wildlife. Hike past the impressive limestone rock of our cove through the untouched jungle and learn more about indigenous plants, trees and animals.

The highlight of this nature trek is the magnificent Buddha tree. Known on the island simply as 'Big Tree', this "Ficus Religiosa" rises well above 30 meters and it takes about 20 people to reach around its trunk.

This wonder of nature is located very close to a beautiful hidden beach where a traditional longtail boat will be waiting to take you back to the resort. As you leave the beach the sight of the crown of Big Tree will leave a lasting impression.



AROUND THE ISLAND

If you'd like to explore the island– the resort offers a range of ways to see what this idyllic, island life is like. Some guests prefer to walk, others ride a bike, or jog along the rustic un-sealed roadway that leads from the back of the resort towards the interior of the island. Longtail boats can be arranged to take you to the local Tha Khao village and pier, from where you can hire bicycles, motor scooters, or a local 'taxi' to take you further around the island. From Tha Khao the main road that circles the island will take about 35 minutes on a motor scooter, or can be walked for those who don't mind the heat, in about 3-4 hours. Alternatively you may wish to choose one of our village tours.

SUNSET IN THE VILLAGE

Take a guided evening tour around Koh Yao Noi to explore the island and see the beautiful sunset. Experience local life on this unspoiled tropical island and enjoy a stunning view of the sunset at Sapan Yao Pier.

Stop at the local market for some local souvenir shopping, a taste of the local fruits, & to checkout the fishermen's catch of the day.

A traditional Thai dinner ends the day at a local seafood restaurant, where you can just sit back and relax.

VILLAGE TOUR

Learn more about Koh Yao Noi and local island life, and enjoy the lush tropical scenery on this guided tour.

Arrive at Tha Khao pier where you can watch some local women doing traditional batik painting in their community shop, and meet local fishermen, who will present you their catch of the day.

Enjoy the view over rice fields while driving to one of the numerous rubber plantations, to find out how the islanders process latex to sheets of rubber.

On the way to the main island market you will be able to see how the locals live – including some of the non-human residents such as water buffalos.

Stroll along the market street and shop for some local products & souvenirs, and then enjoy a tasty meal in a local seafood restaurant.



IN THE RESORT

ROMANTIC CANDLELIT DINNER - RIGHT ON THE BEACH

The beach, the sound of the waves, the wonderful smell of the breeze blowing over the water - a perfect backdrop for an exceptionally romantic dinner. We offer fresh seafood or quality, imported meats, cooked to perfection. Our staff are there for you, attentive but out of the way, so you can enjoy quiet conversation in the moonlight.



THAI COOKING CLASS

Learn how to prepare and cook your favorite Thai dishes with our fun Chefs Khun Tui and Khun Aeed. You will be guided through all the steps, and the chefs will explain the ingredients, and show you how to assemble everything to create the unique flavour of Thai cuisine.



BATIK PAINTING CLASS

Learn the wonderful Batik painting methods, choose whether your painting will depict the wildlife in the sea or on land. Our creative instructor will teach you the various methods and provide you with the with painting tools for you to prepare your own piece of art.



OTHER ACTIVITIES

The resort has a supply of DVD's, CD's, and board games for free rental, as well as a range of resort beach activities, such as beach volley ball, badminton, pétanque, and table tennis.